**MAMMOTH STRENGTH CLUB SAFEGUARDING AND PREVENTION POLICY**

**1. INTRODUCTION**

Mammoth Strength Club is dedicated to creating a safe and secure environment for all individuals participating in our coaching courses and events. Our Safeguarding and Prevention Policy outlines our commitment to protecting the well-being of vulnerable adults involved in our programs. Our courses will not be available to those under the age of 18.

**2. DEFINITIONS**

* **Vulnerable Adults:** Individuals aged 18 and above who may be at risk due to a disability, illness, or other factors.

**3. SAFEGUARDING PRINCIPLES**

* **Promoting Well-being:** Mammoth Strength Club is committed to promoting the well-being of all participants, focusing on their physical and emotional safety.
* **Prevention of Harm:** We will take proactive measures to prevent harm, abuse, or exploitation of vulnerable adults.
* **Inclusivity:** Our programs will be inclusive, ensuring that individuals with specific needs are accommodated appropriately.

**4. RECRUITMENT AND TRAINING**

* All staff and coaches will undergo thorough background checks to ensure their suitability to work with vulnerable adults.
* Staff and coaches will receive regular training on safeguarding practices, recognizing signs of abuse, and reporting procedures.

**5. CODE OF CONDUCT**

* We maintain a clear and comprehensive Code of Conduct for staff, coaches, and participants to ensure a safe and respectful environment.
* Any breach of the Code of Conduct will be addressed promptly, and appropriate action will be taken.

**6. REPORTING PROCEDURES**

* All staff and coaches are obligated to report any concerns or suspicions of abuse or harm to the designated Safeguarding Officer.
* The Safeguarding Officer will follow established reporting procedures, involving external agencies when necessary.

**7. CONFIDENTIALITY**

* Mammoth Strength Club is committed to maintaining confidentiality in all safeguarding matters. Information will only be shared on a need-to-know basis and in line with data protection regulations.

**8. PREVENTION OF BULLYING**

* We have a zero-tolerance policy for bullying, harassment, or discrimination. Such behaviours will be addressed promptly, and appropriate measures will be taken.

**9. SAFEGUARDING EDUCATION**

* We will provide ongoing education to vulnerable adults on safeguarding, personal boundaries, and reporting mechanisms.

**10. REVIEW AND EVALUATION**

* This policy will be regularly reviewed to ensure its effectiveness, relevance, and compliance with legal and regulatory requirements.

By implementing and upholding this Safeguarding and Prevention Policy, Mammoth Strength Club aims to foster a culture of safety, trust, and respect, providing a secure environment where vulnerable adults can pursue their fitness goals without compromise to their well-being.

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